VIOLENCE & DRUG USE PREVENTION

DECK PLATE PERCEPTIONS

- 337 PREVENT STUDENT SURVEYED (July2004).
- INFO Surveyed – Why they may get in trouble, and perceptions of command drug programs.
- SAILORS IN TROUBLE – Stress, not aware of healthy/safe activities, availability of alcohol, low CMD morale.
- SAILORS WHO STAY OUT OF TROUBLE – Sound judgment, awareness of consequences for UCMJ violations, keeping busy, choosing not to drink alcohol, contact with family, CMD support for positive activities.

DECK PLATE PERCEPTIONS

- CMD DRUG PROGRAM PERCEPTIONS – 56% felt that CMD drug surveillance programs were effective.
- DRUG TEST INTERFERENCE PRODUCTS – 26% stated products didn't work, 51% had never heard of such products, 12% thought they would be effective, but had never used them.
- GMTs – Should focus on "scare tactics", reality stories, and real consequences (Brig stories).
- OBSERVATION – 82% believed they were closely observed during drug testing.
- POTENTIAL CONCERN – 50% reported being notified six or more hours before being required to report for urinalysis.

BEST PRACTICES

- VISIBILITY – Increase awareness of prevention programs for violence and substance abuse.

- SPEAK OUT – Find teachable moments.

- COMMAND INVOVLEMENT – Use Kaki involvement to reinforce your message, identify troubled sailors, and encourage Navy Core Values.

BEST PRACTICES

- DISCIPLINE – Policies/consequences should be highly visible and posted everywhere, all should be aware of drug offenses and how they are handled. Legal actions should be viewed as clinical interventions.

- INFORMATION – Publicly discourage attitudes that support violence and drug use, dispel myths indicating command indifference to these issues, e.g., make the Zero Tolerance policy regarding drug use loud and clear, and provide interactive GMTs.

DOMESTIC VIOLENCE PREVENTION BEST PRACTICES

- PROACTIVE STANCE - Encourage Sailors/Family Members to take advantage of Fleet & Family Support Services, Naval Medical Center, and Chaplain Programs.
- INCENTIVES – Reward Sailors and Family Members for wellness program involvement.
- SET THE TONE - Participate in prevention efforts for senior leadership.
- OUTREACH – Take the lead, create and maintain a system that actively looks for Sailors/Families in need.
- MORE INFO – http://www.dod.mil/fapmip/index.htm

DRUG SURVEILLANCE BEST PRACTICES

- AVOID PORT & STARBOARD TESTING – On the same day this could permit warnings to oncoming sailors.
- RESTRICT MOVEMENT – When a sailor reports they cannot provide a sample make sure they are not given the opportunity to use products to fool the urinalysis.
- SHORT NOTICE/NO NOTICE TESTING.
- WEEKEND DRUG TESTING.
- NAVY ALCOHOL AND DRUG PROGRAM WEBSITE - http://navdweb.spawar.navy.mil

ALCOHOL ABUSE /DUI PREVENTION BEST PRACTICES

- “TAXI CARD” PROGRAM.
- PREVENTION NEWS – Schedule meetings/Captain’s calls to discuss the effectiveness of prevention efforts.
- MENTOR PROGRAMS.
- BREATHALYZERS - Test those suspected of under age drinking and hangovers/drunkenness.
- LIMIT ADVANCEMENT - For underage drinkers.
- LIBERTY – Sailors need plans to avoid risky situations.

ALCOHOL ABUSE /DUI PEVENTION BEST PRACTICES

- REWARD SAILORS - For refraining from misuse, e.g., the team approach.
- CMD POLICY- Junior sailors mandatory PREVENT attendance, supervisor (01-04 & E6-E9) attendance to ADAMS Training.
- IMPLEMENT THE “RIGHT SPIRIT” CAMPAIGN.
- NDAAC – CMD involvement is essential.

SEXUAL ASSAULT PREVENTION BEST PRACTICES

- DESIGNATE CMD SAVI POC.
- SUPPORT ACTIVE DUTY VICTIM ADVOCACY PROGRAM VOLUNTEERS.
- SAFETY INFO – Provide information to new recruits within the first 100 days of reporting.
- POST SAVI PROGRAM INFO – How to access CMD assistance, and available community resources.
- LEADERSHIP EXAMPLE – Discourage sexist stereotypes/ negative comments about women.
- MORE INFO – http://www.persnet.navy.mil/pers66/savi/html/savi.html